

# St Joseph's College Newsletter

## Term 1 - Week 4

# 25 February 2011

## IMPORTANT DATES COMING UP

Fri 25 February

P&F Sundowner
 5.30pm ELC

Sat 26 February

• Family Mass 6pm HFC

Mon 28 February

 Saints Swim Club AGM 4.30pm ALAC

Tues 1 March

Student Leadership Day
 Camp Quaranup

#### Thur 3 March

• Yrs 1-3 Beach Fun Day

#### Fri 4 March

• PUPIL FREE DAY, Staff PD Day -

Mon 7 March

Public Holiday

## **General Information**

- Uniform Shop Open every Tuesday 8.15am - 9.15am and 2.30pm - 4.30pm
- Absentee Phone Line 9844 0280
- Principal -Mr Bradley Hall
- Head of Secondary
  Mrs Sue Alderman
- Head of Junior School
  Mr Mike Watson

#### Direct Deposits Welcome Bank Details:

Bank West - Bunbury A/c Name: Roman Catholic Bishop of Bunbury BSB: 306 004 A/c No. 5309691 Please quote School Code: DDF226 & Family Name with all deposits. PRAYER

O God who created us, fill our minds with knowledge and appreciation of the dream with which and for which you created us.

O God who creates us, fill our hearts with courage to take the risks and pay the price that will make this dream come true.

O God who created us, breathe life and energy into our hands, and we will always find joy in dreaming your dream into reality.

Through Christ our Lord.

Amen

## FROM THE PRINCIPAL

Dear Parents, Guardians, Families, Students and Members of our College Community



## Visitors to the College

This week we had the privilege of hosting a visit by Sr Dorothy Vella Zarb, Superior General of the Order of St Joseph of the Apparition, accompanied by Sr Anglea, Councillor and Sisters Jemma and Janine.



Sr Dorothy and Sisters were very pleased to see a thriving College community that consciously acknowledges the founder

of the Order, St Emilie De Vialar, and the work of the sisters who followed. The newly built Sr Julia Cabagniol Early Learning Centre was of special interest to Sr Dorothy and the Sisters and they were delighted to see the Early Learning Centre in operation.





Phone: 9844 0222

Fax: 9844 0223 Email: admin@sjc-albany.wa.edu.au Internet: http://web.sjc-albany.wa.edu.au

# **COLLEGE NOTICES**

## **Environmentally Friendly Issues**

Each week we find a number of Newsletters that don't make it home, so for this issue we are asking parents to tick and sign the diary when you receive the Newsletter.

If parents advise us that you are happy to view the Newsletter online, we will reduce the number of hard copies printed. Please email Renae St Jack at stjack.renae@cathednet.wa.edu.au if you are willing to read the newsletter online or call the Office.

This year we introduced the Paper Cut software programme on our network. Each student will be given a print allowance, when that is used, students will need to purchase more printing allowance. Under normal circumstances, the initial allowance will be adequate. however, some students waste enormous amounts of printing and we need students to think before they print.

The College has installed, through State and Commonwealth grants, 7kw of solar power. This will assist with power consumption. We are working to make our students more energy conscious.

## Swimming

Thanks to Mr O'Donnell, Ms van Hulssen and staff who organised and ran the Middle and Senior Schools Inter-House Swimming Carnival this week and congratulations to all contestants: a full report next week.

BHall

Mr Bradley Hall - Principal

## **College Newsletter**

Please sign your child's diary each week to note that your family has received a copy of the College Newsletter

Please phone the College Office or email stjack.renae@cathednet.wa.edu.au if you no longer require a hard copy.

The weekly newsletter can be viewed online at: http://web.sjc-albany.wa.edu.au

# Saints Swim Club AGM

Monday 28 February 2011 4.30pm (following Swim Club) at ALAC

The Club welcomes new members to the Committee and your valuable input.

# **P&F Sun Downer**

**Tonight** 

5.30 pm -7.30pm, **Early Learning Centre** 

## **Bicycle Safety**

Please ensure your child wears an appropriate bicycle safety helmet when riding to and from school, as required by law. Students are also reminded to walk their bikes on school property to the designated bicycle rack.

Ms Sue Alderman - Head of Secondary

# JUNIOR SCHOOL NEWS

## Junior School Leaders

Congratulations to the following students who have been elected as leaders for the 2011 school year:

Class Councillors:

ALBA

- Year 3/4G -Benedict Jackson
- Year 4B Jarrod Capararo, Evie Dupuy
- Year 5B Aidan Dallimore, Ebony Powell -
- Year 6B Jaxen Zanotti, Kate Wells -

#### House Captains:

McCormack - Isaac Lott, Ivy Le Nguyen Ozanam - Jacob Oostdam, Havanna Gill Cunningham - Nicholas Zambonetti, Georgia Babun De Vialar - Angela Dela Cruz, Myles Jackson

Thank you to Mr Morcom who co-ordinated the elections. Elected leaders will be going on a 'student leadership day' at Camp Quaranup on Tuesday 1 March.

## JUNIOR SCHOOL NEWS

#### Years One-Three Beach Fun Day

The Beach Fun Day will be held next Thursday, 3 March at Emu Point from 10.00am - 2.00pm. Miss McFarlane will be co-ordinating this year's Fun Day.

Parent helpers will be needed on the day. If any parents would like to assist with the tabloid activities, please contact Miss McFarlane.

#### **KidsMatter**

In 2011 St Joseph's Junior School is becoming a Kids Matter School

KidsMatter is a National Mental Health Initiative supported by Commonwealth Dept of Health, Beyond Blue, Australian Psychological Society and Principals Australia.

#### KidsMatter Primary Aims

- improve the mental health and wellbeing of primary school students,
- reduce mental health problems amongst students, and
- achieve greater support for students experiencing mental health problems.

To achieve these aims, KidsMatter Primary promotes collaborative involvement across the health and education sectors. It provides a framework for mental health promotion, prevention and early intervention that is specifically oriented to primary schools, rather than presenting schools with a single defined program. Through the KidsMatter Primary framework, schools are provided with the resources to implement a comprehensive approach to addressing students' mental health which is tailored to their local needs. In this way KidsMatter Primary builds on the work schools are already doing to address the mental health of their students through National, State, and sector-based mental health initiatives and policies

## The four components of KidsMatter Primary

The four components are:

<u>Component</u> 1: A positive school community <u>Component</u> 2: Social and emotional learning (SEL) for students

<u>Component 3:</u> Parenting support and education <u>Component 4</u>: Early intervention for students experiencing mental health difficulties

There will be more information to follow as we establish an Action Team and commence work on component 1. Mr Mike Watson - Head of Junior School

## MIDDLE AND SENIOR SCHOOL NEWS

#### Smooth Start to the Year

At last things are settling down, students are settled into electives and are getting a handle on the expectations of a new year in Middle or Senior school. It is now that patterns of behaviour will begin, so please ensure that you give your child the best start to the academic year. To this end, remember it is vital that their study area is: well lit, warm and well ventilated, quiet, comfortable and away from distractions.

What is also vital is that students ask questions and seek out their teachers' advice and assistance when they are experiencing difficulty or are unsure of any concept being taught or discussed in the classroom.

"Little things can make a difference" Anon Ms Sue Alderman - Head of Secondary

## WEEKEND SPORT

## **Student Achievements**

Congratulations to Marie Caramia who won a silver medal in the U/17 Women's Surf Race and a gold medal in the U/17 Mixed Surf Team at the recent Surf Life Saving Western Australia's Country State Championships.



Marie was competing with Albany Surf Life Saving Club Team.



Royals Saints Netball Club Netball Trials

(One Day Only) Sunday 27 February

Venue: Albany Leisure & Aquatic Centre

Years 8 - Adults: 12.30pm - 3.00pm Years 4 (born 2001) 5, 6 & 7: 2.30pm - 4.30pm Years 1 - 4 (2002) Net Set Go: *Do Not Need to Try Out* Enquiries: Chrissie Smith - Ph: 9842 2003

## **PARENTS & FRIENDS NEWS**

## **Footy Tipping**

The Footy Tipping Competition is drawing near. your Registration Forms are available from the College Office or your can download one from the College website.

## **COMMUNITY NOTICES**

#### **LEARN ABOUT YOURSELF!**

As Marcel Proust, a late 19<sup>th</sup> century novelist, wrote: "the real voyage of discovery consists not in seeking new landscapes but in having new eyes". Host an international high school student in July through Southern Cross Cultural Exchange and prepare to be amazed at the way this unique opportunity helps your family to become closer, to understand themselves better and to see the world in a new light.

Carefully selected students will arrive in July for one or two semesters from Europe, Scandinavia and Japan. They will attend a local secondary school, are fully insured and have their own spending money.

Call S.C.C.E now on 1800 500 501, email <u>scceaust@scce.com.au</u> or visit our website (<u>www.scce.com.au</u>) to be part of this rewarding experience.

Robert Lindsay

National Business Development Manager SOUTHERN CROSS CULTURAL EXCHANGE Tel: +61 (0)3 9775 4711 Toll Free: 1800 500 501 Post: Locked Bag 1200, Mt Eliza , Victoria , 3930 Web: www.scce.com.au email: robert.l@scce.com.au

#### **Outward Bound**

Now that school is back, it's time to start thinking about the next school holidays!



OUTWARD BOUND

Outward Bound will be running a 12 day Navigator course April 21 – May 2. The Navigator course is for 15 – 18 year olds and takes place in the Walpole-Nornalup and D'Entrecasteaux National Parks. It is designed to allow participants to discover, develop and achieve their potential through a variety of outdoor activities and challenges. The total cost of the course is \$1875.

By taking part in an Outward Bound course students can earn 10 points towards their WACE. When the course is completed, students must present their Outward Bound Certificate to the school for their records.

We are also running a 9 day Family course April 21 – 29. This is for participants aged 13 – 16 with an accompanying parent or guardian.

This course is designed to strengthen family ties through a unique bonding experience. The total cost of the course for two participants is \$2950.

Information on the course along and an enrolment form can be obtained from the website listed below. Scholarships may be available to people who meet the criteria.

Outward Bound is a not-for-profit organisation helping people discover, develop and achieve their potential. Eleanor Senyard Public Enrolments Assistant Outward Bound Australia Ph: (02) 6235 5700 Fax: (02) 6237 5224 Web: www.outwardbound.org.au Email: eleanors@outwardbound.org.au

#### Forum to Set Strategies for Disability Access

The City of Albany will hold a community consultation forum regarding accessibility for people with disabilities on Wednesday 9 March between 4.30pm - 6.30pm. Enquiries: Phone 9841 9311

## **Australian Air Force Cadets**

The Australian Air Force Cadets is one of the Premier Youth Organisations of Australia. We are currently recruiting for 2011.

For more information, find your nearest Australian Air Force Cadet Squadron by visiting our website at: www.aafc.org.au

# Lower Great Southern Hockey Association

Hookin2 Hockey, Junior and High School and Senior Players **Registration Day!!** 

## Saturday 12 March 2011

Venue: Hockey Stadium - Barker Road, Albany Time: 10am – 2pm

Enquiries: Judith Want - Development Officer Mob: 0429895033